



Analytical Study of the Iraqi Professional Law from the Point of View of Players and Trainers in Basketball

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Abstract:

Playing sports is the right of all Iraqis, and the state will encourage and take care of such activities and must meet their requirements. Basketball is a game in which five players have to share the ball. If you play with great team work, the sum of the parts is greater than the individual. This is a great forum for building trust. A large part of the game happens with things you cannot see. The key is communication and trust with co-workers. It seems to me that the same can be said about pacification. The very nature of athletics, especially activities aimed at teams such as basketball, promotes peace building.

Introduction:

The findings support the inclusion of the dynamic basketball shooting accuracy tests in regular basketball assessment procedures as a valuable testing instrument the fact that a key factor for successful basketball playing is accurately shooting after high intensity movements with high fatigue impact (Erčulj & Supej, 2006), we wanted to use newly designed basketball shooting tests that are more appropriate for competitors (Pojskić et al., 2011) and to relate them with players' physical fitness and competitive accuracy. These tests have been designed to simulate more realistic situations, because they require a player to sprint, receive the ball, turn to the basket and perform a jump shot. Such time restricted tests in which a player needs to shoot as many balls as possible after intensive movements with a simulation of the usage of a teammate's screen, create physiologically very demanding conditions and a high fatigue impact for the player. It is because of the lack of investigations into the association between physical

fitness and basketball shooting accuracy that we initiated the present study and raised the research question: is there a relationship between basketball players' physical fitness, basketball shooting skill tests and competitive shooting accuracy? Knowing this relationship may have crucial practical value in creating basketball strength and conditioning programs as well as in detecting talented basketball shooters. Therefore, the first aim of this study was to determine the correlation between physical fitness parameters and competitive basketball shooting accuracy registered during one competitive season; the second aim was to investigate the possible relationship between the newly designed basketball shooting skill tests and competitive shooting accuracy. According to factors of success in basketball mentioned in previous studies, we hypothesized a positive correlation between speed, agility, explosive power tests, aerobic power, anaerobic capacities and the parameters of competitive shooting accuracy, as well as a positive association between the basketball shooting skill tests, and the parameters of competitive shooting accuracy.

The world is witnessing a great and remarkable development in all areas of life and sciences, especially in the field of physical education, which is one of those sciences that started to progress and develop during these years in addition to the progress in the field of scientific research, which is derived from scientific facts from time to time, Expert performers in sport tasks have long been described as being superior to less skilled

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performers in characteristics such as 'reading the play' and in having 'all the time in the world' to execute movement. The basket, which received a great deal of scientific interest in all skill and methods of play and how to perform skills and plans whether offensive or defensive. The main goal of basketball experts is to realize the large number of recommendations in basketball sciences and use all of the advises to against various kind of defensive behavior within plays, the skill of shooting is one of the basic skills of this game and should be available to all players in the team, as the game depends on scoring points or hit the basket of the opponent team, which determines the winning team, and because of different areas of shooting which is close to the basket and the team which is far away. So it depends on the ability of the player first and the extent of his ability to shoot the remote or near as well as the near or after the player from the opposing player, but it is almost similar in the form of performance, but there are minor differences in the performance of the hand on the other hand or near the player from the basket in terms of power output used to skill performance plus possibility of professional players is almost double the potential provided by local players in terms of performance and the application of the plan and the pace of performance during the game and the dependence of teams on professional players is the biggest opportunity that gives the difference the possibility of competing to the top of the league, and the importance of research in comparison between professional players and some local clubs in Iraq and subject them to research and experimentation in order to try providing of information in digital values of the nature of the performance and easy to deal with them by identifying the amount of indicator of some of the variables of the biomechanical arm during the stage of shooting between professional and local players in the performance of the skill of scoring calculated three points in basketball, Physical experts should also integrate the biomechanical principles with their long experience, as well as knowledge gated from other sub of kinesiology to provide an interdisciplinary methods to qualitative analysis [7] to take advantage of the

development of this skill and Provide solutions to failures in the performance of this skill in addition to the development of exercises during the training module to address this skill, Although the importance of biomechanics in identifying the player' movement but there are too many of trainer never use this kind of knowledge with their teams this will affect their performance [9]. The main hypothesis I want improve is there are significant differences in the amount of the index of some biomechanical variables of the shooting phase determined by three points in the basketball

2. Research Problem

The science of biomechanics and kinetic analysis of the sciences that have a giant and clear effect in the mathematical field, which leads to the detection of the minutes of the overall performance of the capabilities and can't be seen with the bare eye and it is difficult with self-observation accurate estimate of the times and angles and velocity and tracks because the motion is performed shortly can't be found. Most of biomechanical concepts is intangible this way it is so challenging and counterintuitive, from different hand it is two depend on Newtonian mechanics that have been constantly proven to be counterintuitive for most physics students. In several kinesiology tasks over the whole world, many majors enter the biomechanics class without fundamentally, prerequisite expertise of human anatomy mathematics or physics.

What's more, the expertise of shooting in b-ball is a standout amongst the most imperative essential aptitudes and in the meantime be troublesome and as a result of the absence of players who are great at shooting a long hop, however it is a hostile abilities with a weapon and successful effect and extraordinary as far as the outcome (focuses) and then again it influences the adversary's cooperation when performing admirably, Some of the biomechanical factors are vital and influence the execution of the abilities as a rule and particularly for the ability of remote shooting specifically on the grounds that it relies upon critical components, for example,



quality and speed just as precision, which is the ultimate result of the shooting so we note that the expert players are capable in long separation in the nearby association and nearly most of enlistment Which is great since present day b-ball relies upon the strategic sentences, which closes with three for the economy to the exertion and time required to play out the assault notwithstanding give the inspiration to different players in the shooting to meet The quantity of wounds endured by the rival's bin so the player needs an incredible capacity to conquer the heaviness of the ball and make it move a long separation so the more noteworthy the power at whatever point The separation to the development of the ball is more noteworthy, Biomechanics is a fundamental science to understanding the players development and for experts that Training development like Coaches of games groups and Players . Authority of biomechanics ideas isn't solid adhering to conventional college guidance, and Trainers of neighborhood sports crews frequently report not utilizing biomechanics But rather have no data on the mechanical factors of execution [23].

Furthermore, thus the issue of research in the recognizable proof of the measure of the file of a portion of the biomechanical factors amid the shooting period of the arm parts went for the aptitude of scoring determined three points between the expert and neighborhood players in the Iraqi b-ball class the principle target to take care of the issue is distinguish the measure of pointer of some biomechanical factors for the shooting stage when playing out the expertise of shooting dictated by three in the b-ball in the example of the examination , and distinguish the contrast among expert and nearby players in the measure of the file of some biomechanical factors of the shooting stage when playing out the ability of shooting determined by three in the exploration test.

The principle extent of this investigation is spatial region : (The South Oil Club), the Olympic Committee Hall in Basra Governorate (Al-Mina Club), the Olympic Committee Hall in Basra Governorate (Shorta Club),time Field From 02/09/2017 To 05/01/2018 , and

spatial Field : Some of the b-ball players of the South Oil Club, Al-Mina club and Shorta club.

3. METHODOLOGY

This overview is a clear and quantifiable one which considers the hierarchical viability of picked athletic of Iraq. Measurable society of this review is four Iraq donning organizations which are chosen non-haphazardly and intentionally. The criteria for picking donning alliances are: household standard classes, dynamic offer, and picking up successes in global competitions and the examples of overview are all participants (president, VP, secretary, proficient staff, athletic, mentors of grown-up national group and refs), two chose leagues of aggregate game (football and ball) and two chose organizations of solitary games (olympic style sports and weightlifting). For the most part, 221 polls conveyed which 180 one of them was broke down toward the end.

CONCLUSION

This examination indicated diverse techniques like adaptability, get asset, efficiency, arranging, association connections, solidness, master human asset and laborer union shows distinctive association measurements in game organization. In connection with focused qualities approach we should articulate that in these methodology four distinct methodologies and eight measurements are visual in aggressive qualities approach. In that show administrators can know their qualities and shortcomings and they can break down that for viability. In this re- item appeared in four alliances in Iraq their capacity for viability and accomplishes to key objectives and gets ready administrations for game volunteers, competitors, mentors, specialized board and refs and master human asset and endeavoring to assimilate and get them are the fundamental elements of OE in Iraq sport leagues. Thus different leagues must improve their capacity in those measurements to be viable.

Basketball is a prevalent game in Iraq. There are something like two classes, the Iraq Basketball



Association, the nation's expert association, runs various grown-up and youth alliances, and the Iraqi Premier League, for tip top players. As indicated by the outcomes, we can reason that the general relationship of the indicator factors with the shooting exactness parameters was little, which shows that extra autonomous factors such psychological and coordination measures ought to be utilized so as to clarify the higher change in shooting rates amid the season. Be that as it may, the shooting ability tests, particularly the dynamic ones, were appeared to be better determinants of shooting precision amid the season contrasted with the physical wellness. Just the power tests appeared to be great indicators for shooting over longer separations. Despite the fact that the commitment of the dynamic tests to the association with the aggressive exactness parameters is generally little, it very well may be said that it is vital, on the grounds that the other physical wellness tests don't demonstrate any connections, or show exceptionally little connections. The real noteworthiness of the dynamic tests is their application in evaluating shooting exactness of homogenous gatherings of ball edge players when different wellness parameters can't decide their aggressive precision. Their application could be found in distinguishing capable ball shooters. By and by, the outcomes can be exceptionally valuable as they can support b-ball and quality and molding mentors make better preparing projects to concentrate on generally speaking touchy power advancement. Moreover, the discoveries recommend a use of the dynamic shooting tests as a basic piece of solidarity and molding projects to enable players to test, practice and improve their shooting precision in physically requesting conditions like those in an amusement. Along these lines players may turn out to be progressively impervious to explicit weariness and thusly increasingly exact amid the challenge.

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